



## SOCIAL ACTION COMMITTEE

Join the good work of the CBE Social Action Committee

### THE WHY

1. Enjoy the **fun and feel-good** opportunities the committee organizes. Build your sense of belonging.
2. Fulfill the mitzvah of **Tikkun Olam**.
3. We have **a lot going on**.
4. Show the community-at-large that as Jews, and at Beth El Norwalk, we do not just think of ourselves, but we also **work to help others**.
5. Strengthen the position of Beth El Norwalk in the community by **building relationships** with other religious and civic organizations in the area.



1. **Volunteer to help Schoke JFS** clients select food from the Kosher Food Pantry Truck when it visits Beth El Norwalk each month, and/or deliver bags of groceries to people who are housebound.

Upcoming dates and times (note that the times vary)

Sunday August 11: 12:45 - 2:45 pm

Sunday September 22: 9:15 - 11:30 am

Sunday October 20: 9:15 - 11:30 am (then stay for Brunch in the Sukkah!)

Sunday November 17: 9:15 - 11:30 am

Sunday December 8: 12:45 - 2:45 pm

2. **Learn** from speaker & CBE member Louise Golub how you can lessen your impact on the environment by living a **Zero Waste lifestyle**. Sunday, September 22 at 2 pm

3. **Get involved** in Beth El Norwalk's membership in the **Jewish Climate Leadership Coalition** to combat climate change. For more information, contact Sylvia Schulman, Chair of our Social Action Committee at [saschulman@rocketmail.com](mailto:saschulman@rocketmail.com) or Phyllis Weisberg, our liaison to the Jewish Climate Leadership Coalition, at [phweisberg@gmail.com](mailto:phweisberg@gmail.com).

3. In November, volunteer at the Cornerstone Community Church to help **prepare or serve a free Thanksgiving meal** for the community.

4. **Join the Social Action Committee** and attend our monthly meetings (usually the first Thursday of the month at 8 pm) via Zoom to learn what's going on and to suggest future Mitzvah of the Month projects.